

## Freestyle Session Etiquette, World Ice Arena

*Freestyle is ice time scheduled during weekly programming for skaters, Basic 6 and up, to practice on their own or take lessons with a coach.*

*In order to allow skaters and coaches to enjoy a productive session on the ice, we'd like everyone to be aware of what's expected of them.*

### Most Important

- Respect the rights of others.
- Respect the rink's property and the property of others.

### Here are the Ground Rules

- Coaching by parents from the bleachers or door to the rink is not allowed.
- Player benches are only to be used by skaters and coaches.
- If skaters must talk to someone off the ice, they need to get off the ice to do so
- If you must talk to other skaters on the ice, please be brief. You should be practicing, not wasting time.
- Skaters shouldn't be coaching other skaters.
- No back spirals or other elements that don't allow you to look behind you, unless you're working with a coach.
- It is important for everyone's safety that all skaters be aware of other skaters on the ice. Try to anticipate their patterns as you decide your own.
- If you are a less experienced skater, please be extra careful to stay aware of other skaters and to look ahead to where you are skating to see what others are doing or are about to do.
- If you are an experienced skater, please be patient with less experienced skaters. Remember, you were new to freestyles at one time, too.
- Please be understanding if someone gets in your way. Remember to look both ways before leaving the boards or skating across the ice. Keep moving while on the ice, as it is dangerous for both you and other skaters to stand still during a session. It is especially important not to stop in the middle of the ice.
- A skater doing a routine to music has the right of way.
- Program music will be played on a rotational basis, on the honor system, with the responsibility left to skaters and coaches.
- Not everyone will be able to play their music on full sessions due to lengths of programs.
- Skaters taking a lesson have the right of way over other skaters.
- Kicking, digging holes, scraping or stomping the ice with your blades and kicking the railings are not allowed.
- Deliberately challenging, scaring or intentionally blocking another skater is not allowed.
- **Please stay aware of which skater is doing his or her routine and do your best to stay clear of his or her pattern.**
- **Being verbally abusive to other skaters or coaches is prohibited. Any skater engaging in this behavior will be asked to leave the session immediately.**
- **Any skater engaging in this behavior will be asked to leave the ice immediately for an indefinite period of time.**

*For your convenience, we've included a Freestyle session flowchart (it's below), so you can see where on the ice everyone should be at any given time, based on what they're practicing.*

*We hope this has added some clarity to what's expected of everyone during their time on our freestyle ice. Thanks for your understanding.*

**Any questions, queries or suggestions, please email [skatingschool@worldice.com](mailto:skatingschool@worldice.com) or call (718)760-9001 ext.7002.**

### Freestyle Session Traffic Flow Charts

